

	Elizabeth K Mathai M.Maya Padmini Thomas Susamma Daniel Sani Joseph Sali Joseph Wilson Cherian B. Ammini A. Lalitha P.J. Joseph P.K. Balachandran S. Omanakumari	Athletics Athletics Athletics Athletics Athletics Volleyball Swimming Swimming Swimming Powerlifting Hockey
1981-82	Shiny K Abraham M.D.Valsamma Anie Varghese V.Chandrika K C Valsa K V Remesan K Suresh Raj Francis Xavier Shiny Varghese Prakash Kumar P.S. Abdul Razaq Udayakumar.K Cyril.C. Vellore Geogy.AM Rosamma Kurian Jaisamma Muthedan M.K.Jose Ashok Kumar	Athletics Athletics Athletics Athletics Athletics Athletics Athletics Swimming Swimming Football Volleyball Volleyball Volleyball Volleyball Volleyball Volleyball Power lifting Power lifting
1982-83	U. Vinod Kumar S. Lalitha V. A. Ibrahim M.T.Mary Bina Ramachandran	Badminton(S) Football Athletics Athletics Rifle Shooting
1983-84	N. C. Chacko Beena Varghese Thomas Sebastian	Volleyball Volleyball Football

	G. Siva Prasad Leelamma Thomas Molly Benedict Unwin .J. Antony V. V. Harilal Mercy Sunny K.K.Premachandran Alphonsa Kurian Subash George	Power lifting Basketball Basketball Basketball Basketball Shooting Athletics Athletics Athletics
1984-85	Sanil Sunny- S. Krishnakumar- George Thomas- G. Aycna- S. Radhakrishnan Nair	Shooting Badminton(S) Badminton(S) Football Powerlifting
1985-86	P.T.Rajeev P.P. Thobias- P. T. Mohaboob Benoy. C. James Nazarudheen.A C. Suresh- Aboobacker Koya.C.A A. Nazar- S. Ghee Varghese M. Ilias- Moideen Nasire C. Prasanna Kumar Molley Augusty N.I. Santy A. G. Raju B.P. Reni B. Sandeep Vasanthi Unni	Athletics Football Football Football Football Football Football Football Volleyball Volleyball Basketball Basketball Power lifting Power lifting Power lifting Power lifting Chess
1986-87	Joseph Chavara N. Radhakrishnan Nair R. Kumar Thomas Chovara Jolish. T. C	Swimming Athletics Swimming Swimming Volleyball

	A. Girish Kumar	Cycling
1987-88	Philomina Joseph Dolly K Joseph Ibrahim Cheenika Mini P A V.P. Sathyan Ravindranath Felix Thomas Beena Peter Renny M Vincent M.M. George Hamilton Bobby Xavier	Athletics Athletics Athletics Athletics Football Rifle Shooting Rifle Shooting Athletics Basketball Football Football
1988-89	Bobby Aloysius M.B.Sadasivan	Athletics Athletics
1989-90	M.C.Sebatian Roy P Joseph M.A.Eldo K.S. Bijimol Shiny Varghese Betty Chacko Saly Thoma S. A. Madhu Beena Antony Sheeba Mathew	Athletics Athletics Athletics Athletics Athletics Basketball Basketball Volleyball Volleyball Volleyball
1990-91	A. Radhika Beena Augustine	Table Tennis Weightlifting
1991-92	Ancy Philip K.Saramma C.S.Muraleedharan P.V.Raju Manoj P M Santhimol Philips Rose Antony Alias Jasmine George Biju.V. Thomas Roby Augustine	Athletics Athletics Athletics Athletics Football Athletics Athletics Volleyball Volleyball Volleyball

	K.M. Aboobacker	Volleyball
1992-93	Syam Kumar- P. Padmakumar- T. Molly Chacko- C. V. Sunny- B. Baiju- Biju. K. S-	Athletics Athletics Athletics Basketball Athletics Athletics
1994-95	Beena Augustine Mathew Varghese M. Rajeev Kumar Molly.T U. Sharaf Ali Pushpamma Jospeh-	Athletics Football Football Powerlifting Football Power lifting
1995-96	Sijukumar Jessymol Beena.S Jentry Francis	Canoeing Canoeing Canoeing Powerlifting
1996-97	Thresica Varghese.P Minikumari.B P. Sheri Jiji.P V.N. Krishnan	Powerlifting Powerlifting Powerlifting Powerlifting Powerlifting
1997-98	Neenu. A. George T. Kumar S. Gopakumar Sivakumar.P Feroz Sheriff Jiju Jacob K.V. Dhanesh	Chess Cycle Polo Cycle Polo Cyclepolo Football Football Football
1998-99	K.M.Beenamol Jaseel.P.Ismayil	Athletics Badminton (S)
1999-2000	Markose Bristow Siju.K	Badminton (S) Powerliftin g

2000-2001	Molly Biju- K.V. Latheef	Athletics Powerlifting
2001-2002	K.J.Manoj Lal Preeja Sreedharan	Athletics Athletics
2002	K. M. Binu Jincy Philip	Athletics Athletics
2003	K.I. Clinton Jetty. C. Joseph	Athletics Athletics
2006-07	K.C Lekha	Boxing
2008	Renjith Maheswary	Athletics
2009	Saneva Thomas	Shuttle Badminton
2010	Joseph G Abraham	Athletics
2011	Best Sports Women : Prajusha M.A Best Sports Men : Shameer Mon	Athletics Athletics
2012	Best Sports Women : Tintu Luka Best Sports Men : Diyu V	Athletics Badminton (S)
2013	Best Sports Women : Anju Bobby George : O.P Jaisha Best Sports Men : Tom Joseph : Jithin Thomas	Athletics Athletics Volleyball Athletics
2014	Best Sports Women : Betty Joseph Best Sports Men : P.R Sreejesh	Canoeing Kayaking Hockey
2015	Best Sports Women :Dittymol Varghese Best Sports Men : S.L. Narayanan	Rowing Chess